

Guru ka Langar - Sewa Sign-in Sheet



Date: ____/____/____ **For More Info Call: (703) 594-1699**

The **Langar** or free kitchen was started by the Sikh Guru, Guru Nanak. It is designed to uphold the principle of **equality** between all humans of the world regardless of religion, caste, color, creed, age, gender or social status. In addition to the ideals of equality, the tradition of Langar expresses the ethics of **sharing, community, inclusiveness** and **oneness** for all humankind.
"... the Light of God (WaheGuru) is in all hearts."

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Degh (Prasaad) Sewa

Full Name: _____ Phone: _____ Email: _____

Whole Langar Sewa

Full Name: _____ Phone: _____ Email: _____

Occasion: _____ Other: _____

Partial Contribution to Langar Sewa

FRUIT Full Name: _____ Phone: _____ Email: _____

DAAL or VEGETABLE Full Name: _____ Phone: _____ Email: _____

RAITE/DAHI Full Name: _____ Phone: _____ Email: _____

RICE Full Name: _____ Phone: _____ Email: _____

PARSAADE [Please circle the number of parsaaade being prepared by each individual]

Full Name: _____ Phone: _____ Email: _____ 25 or 50

Full Name: _____ Phone: _____ Email: _____ 25 or 50

Full Name: _____ Phone: _____ Email: _____ 25 or 50

Full Name: _____ Phone: _____ Email: _____ 25 or 50

DESSERT Full Name: _____ Phone: _____ Email: _____